



ACTIVITY REPORT
OSH Basic Training
(OCCUPATIONAL SAFETY AND HEALTH)

BEKASI, 6 DECEMBER 2015



PC SPSI - PPMI

PIMPINAN CABANG

SERIKAT PEKERJA SELURUH INDONESIA -
PERSAUDARAAN PEKERJA MUSLIM INDONESIA
CHAPTER BEKASI

Collaborate with

LION INDONESIA

(LOCAL INITIATIVE FOR OSH NETWORK)

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OSH (OCCUPATIONAL SAFETY AND HEALTH)

BASIC TRAINING

PC. SPSI PPMI - Bekasi Union Branch

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Background

Occupational health and safety conditions in Indonesia, is still very alarming. Although the Government has ranted express concern about this situation, but in practice it must be recognized that working conditions are healthy and safe not yet become a major concern for all parties.

Government programs in Indonesia as the country launched the K3-based Industry (Occupational Safety and Health (OSH)) to this day still has not touched the problems are more fundamental labor. Program at the National K3 Month was only impressed in the form of banners and publication calls for attention to safety for all actors Industrial relations.

While the most basic business, such as building awareness of the workers, the importance of safety and health at work, it is still rarely done. LION in the context of a network of institutions K3 (OSH) in Indonesia, has repeatedly facilitated the meeting to discuss safety issues between unions and NGOs, both local and International. Up to this time, the network of institutions concerned with the problems of K3 (OSH) in Indonesia, has been more and more in number, it's just still feels there is only minimal progress in its movement.

Working conditions safe and healthy is the obligation of owners to provide for the workers. And on the other hand monitoring and rule of law that ensures the rights of workers are met, in practice it has not been able to create healthy working conditions and safety. K3 is the rights of every worker, every worker is entitled to demand working conditions better for their lives, is the right of workers to request the working conditions are better, as life, limb, and their health is at stake and the unions are the institutions that can realize the right to healthy working conditions and safety. Unions must play its role to ask the employer regarding healthy working conditions so that workers coming to work in a healthy state and return in a healthy state too.

From this background, together LION and Unions SPSI PPMI Bekasi branch conducting basic training K3 (OSH) to the members of his union, SPSI PPMI is one of the most active unions in Bekasi in addressing labor issues in Indonesia. Moreover, the existence of this union in the center of the industrial area and the center of the labor movement in Indonesia. then great expectations from this training, so that the problems K3 activity in the collaboration, which began with basic training on this basis can encourage K3 issue as one of the main issues of the struggle of the workers in creating a workplace environment that is healthy and safe. And also this activity can be a sustainable activity later in the day. This activity is also expected to become an integral tool for the union struggle towards the living conditions of the workers is more feasible in the future, in general in Indonesia, and in particular in the PPMI Bekasi union branch .

Learning Objectives

OSH purpose of holding this training are as follows :

- Provide information, knowledge, and understanding of the rights of workers in the field of Occupational Health and Safety (OSH)
- Campaigning K3 (OSH) issue to be progressive issues among workers and trade unions
- Making the workers to be alert and concerned about the hazards in the workplace
- Delivers a way to find a solution for workers who face problems K3 (OSH) in the place they work

K3 (OSH) Training Benefits to Participants

Expectations of the benefits to be gained by the participants after attending this training activity is as follows :

- The workers will realize OSH as a fundamental right of workers that must be met
- Workers will be able to identify problems OSH in which they work
- Workers who have attending the training can share knowledge about K3 (OSH) and how to identify it to other workers
- Establish organizational unit in the K3 OSH Unions

Organizers and Participants

Organizer : PC SPSI PPMI Cab. Bekasi cooperate with LION Indonesia

Speakers : LION Indonesia

Participants : Base (PUK) SPSI PPMI Bekasi, PT. OAJ (Oriental Asahi Jp. Carton Box)
estimated 20-30 people

Series of activities

This training will be held for one day, covering material on the introduction of Health Safety, explanation of the importance of K3 (OSH), K3 (OSH) as a fundamental right of workers, the law relating to K3 (OSH), explanation of hazards in the workplace and how to identify it, personal protective equipment, case studies, and formulating strategies K3 workplace struggles.

Time and Place Training :

Date : Sunday, December 6, 2015

Time : 09:00 - finished

Place : Pampalassa Cafe dan Resto

Ruko Kalimalang Indah 3 Blok B No. 1 Jalan Inspeksi Kalimalang (Kobra-Tambun)
Bekasi – Indonesia ; Telepon (021) 29480731



FIRST SESSION	
Mr. Agus PUK SPSI PPMI Bekasi, PT. OAJ (Oriental Asahi Jp. Carton Box)	Welcome and Opening The event was opened by Mr. Agus as one of the organizers of this K3 training activities. In his speech he explained about the PUK SPSI union profile PPMI PT. JAX Carton Box (Oriental Asahi Jp. Carton Box). Company they work for is a corrugated cardboard packaging industry companies located in MM 2100 Industrial Estate, precisely on Jl. Sulawesi II, Block F-5, West Cikarang, Bekasi, West Java. Mr. Agus also give some idea about the condition of the workers who are aware or not they often experience problems associated with K3. He hoped that this activity, the participants can better understand and map the potential hazards in the workplace, and be more active to create a healthy working environment and safety in the workplace as one of the rights of workers.
Mr. Darisman (LION Indonesia)	OSH Introduction OSH introduction of this material is basically a description of the Occupational Safety and Health why it becomes important for every worker, here are some summaries of the material presented : • Learning materials development begins by giving the latest information on the condition of K3 (Accident and Health) in Indonesia over the last few years that comes to publications issued by bodies world organizations such as the ILO and WHO, the Institute Indonesian government and the mass media. Work Accidents level in Indonesia is still very high, not because a number of Labor that much, but the working conditions are not healthy and safe. This is evident from the number of cases of work accidents in Indonesia, where in one day an average of 397 cases Accidents happen, which caused 8 cases died, 1 case of total disability and 25 cases lead to physical disability. Informal employment are the most vulnerable sectors related to the issue K3, due to weak supervision, lack of guarantee or certainty in the law and rarely have a union. • Material OSH continues to realities on the fields, how mindset factors (way of thinking) workers of the OSH as one of the main factors to improve conditions in the workplace. Workers must understand the rights of workers, law that relates to OSH and knowledge to map out the potential danger in the environment in which they work.

	• The next material is to provide examples of conditions in the workplace, conditions are potentially hazardous to workers, both of which can cause workplace accidents and occupational diseases. • After the speakers gave an explanation of the control of hazards in the workplace, such as : - Control Engineering : Changing work procedures, isolate hazardous materials, using automation employment, using the workings of the wet and ventilisasi air change. - Administrative Replacement : Changing work schedules and working positions, reducing working hours, Prepare regulations OSH, put up warning signs, create a data list of safe raw materials and dangerous, and conduct training of emergency response systems. - Personal Protective Equipment (PPE) or the Personal Protection Equipment (PPE) • As a final part of the learning materials(OSH), it is an explanation of the technique of body mapping and workplace Mapping, two technique is expected to help the workers to be able to map each potential source of workplace accidents and the causes of occupational which is the work environment. And ultimately help to make improvements the quality of workplaces healthy and safe. The trainees are expected to understand that workplace accidents and occupational diseases is not just bad luck, but something structured and systematization in a work environment that is intentionally designed, so it can be removed, avoided or reducing the potential dangers.
DISCUSSION SESSION	In this session, some of the workers provide the latest news or information about the state of each part of their work. Every department in the workplace have different potential and level of hazard. And a trainee stated that the average on any accidents, workers or victims of accidents often blamed, because of negligent and did not abide by the rules, there is no identification of the cause of the accidents is actually happening in depth, such as working hours are dense and lengthy due to the target so working conditions for workers become tired or other potential hazards in many workers are not aware of.

Launch Break

Activity : Hazard Mapping	An explanation of the Hazard Mapping, including the identification of hazards in the workplace, the use of APD and other problems are felt by workers in the workplace.
DISCUSSION SESSION	In this session, each participant grouped by part of their workplace. Each group discussion to describe their workplace, such as machine work tools used, Personal Protective Equipment, as well as a map of the potential dangers in their workplace as a potential danger of Ergonomics, Stress, Heat, Dust, Chemical, Electrical, Fire and others, After discussing and mapping potential hazards in the workplace, each group then present the results and discuss alongside other groups. Here are some groups that present a hazard mapping at the workplace: • Group I (Box Making) • Group II (Utility) • Group III (Logistics / Warehouse) • Group IV (Corrugator) • Group V (Forklift Driver) Each group has a mapping potential danger is different, the thing that most workers are complaining about workplace are room hot and noisy because of dealing with machines, as well as the potential dangers of ergonomics in which workers have to carry or push loads that are too heavy. The other thing is the danger of forklifts, forklift where paths and mobility within the plant vulnerable to hazards for workers. Then the target job to make working hours more dense concern workers made complaints so they become tired and reduce the concentration at work. From the results of this discussion, the participants seemed enthusiastic to share the results of their mapping, any part of the working group to be mutually aware of each part of working conditions in a production chain in the company.
Activity : Body Mapping	At this session speakers provide explanation of the Body Mapping, including the potential for disease that may be suffered by the workers, the effectiveness of APD, discussion of cases of occupational diseases as well as their strategies for creating a workplace that is healthy, safe and comfortable. After getting an explanation, every group that has been divided in accordance with section work makes an image of the body with a description of the body that feel pain when they are working.



DISCUSSION	At this session, each group was divided from each part of the work one by one presented in the presence of other groups and together discuss. From the discussion at this session, without reducing the attention to other potential dangers of body mapping results, but there are some more things that concern them : • The average worker experiencing stress due to loaded working hours. • Conditions of work space with sound noisy machines, hot and dusty made some workers impaired ISPA. • Another thing that often complain about is the potential danger of ergonomics, specially for currogator section, where they often push the roll of paper that may weigh a ton more. So that workers in this section some were experiencing hernia because too often drives the load is too heavy. • Provision of personal protective equipment (PPE) felt by workers is less effective at work, such as masks which were wear to avoid the danger of dust, but when used to work it's make working difficult to breath, or a protective jacket wear by workers is easily feel the heat and sweat because of room is to hot, ear protection (ear plugs) to avoid the potential danger of noisy but on the other hand workers have a difficulty to communicate. From the simulation results of hazard and body mapping has been done participants are expected to understand the source of potential danger in every part of the work. observe any potential hazards that could be addressed by Control Techniques, administraitf and personal protective equipment.
	at the last session, Moderator summarizes all the messages in the activity from the provision of material, the activity of hazard mapping, body mapping and discussions are conducted jointly from each group of each piece of work. On this occasion the union and its chairman also expressed his hope to the participants in order to apply the results of today's training in the field by incorporating other workers so that research get more results valid and represent the viewpoint of each worker in each piece of work. Knowledge gained at this training into bargaining power for workers to fight for their rights to work in an environment that is safe, healthy and comfortable.

GALLERY



GALLERY

